



Code of Conduct

Players

- Learn and play by the rules.
- Play for the fun and fitness.
- Never argue with an Official.
- Control your temper.
- Work equally hard for yourself and for your team.
- Be a good sport.
- Treat all players, as you would like to be treated.
- Co-operate with your Coach, teammates and opponents.
- Respect your Coach's decisions; they are making decisions for the whole team, not just for you.
- Listen to your Coach.

Parents and Spectators

- Remember that children play sport for their enjoyment, not yours.
- The emphasis of playing rugby is on fun, fitness and team spirit.
- Encourage children to participate, do not force them.
- Only the Coach is allowed to give the players instructions during a game.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children to always participate according to the rules
- Never ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best by example. Applaud good play by all teams.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- A valid disagreement can be resolved through the correct channels, not at the game.
- Show appreciation of coaches, officials, and administrators.
- Without them, your child could not participate.
- Support your club.